

FINAL RESULTS 6 APRIL 2011

40. BEGINNER MEN OVER 15 400m SEMI

FINAL 46.31

Heat 1				
Placement	Number	Name	Prov	Time
1	71	Peter Tshenkeng	RRW	44.102
2	63	Dumesani Mbiza	KRSC	47.788
3	53	Thando Booi	MF	48.735
4	77	Avery Watkins	SABIE	48.814
5	59	Lucky Mashele	SABIE	49.506
6	74	Lesego Rakgotho	DP	53.723

Heat2

Placement	Number	Name	Prov	Time
1	58	Makgaole Lehutjo	HRSC	47.027
2	76	Simo Ngcongo	LR	47.512
3	69	Tshepiso Mputle	SRSC	48.384
4	57	Nhlanhla Gordon	SABIE	1:01.728

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JUNIOR MEN 1000m Heats **1m39.23 28.54**

Placement	Number	Name	Prov	Time
1	10	Karabo Molepo	NG	1:36.097
2	9	Tshepo Modikwe	NG	1:36.553
3	2	Ubakeng Boikanyo	NG	1:36.617
4	11	Thapelo Rammuki	NG	1:39.358
5	8	Koketso Makhudu	NG	1:41.034
6	12	Koketso Sethusha	NG	1:42.293
7	14	Siseko Tapile	WC	1:42.717
8	15	Ayavela Zimelele	WC	1:43.067
9	13	Vusikhaya Stali	EC	1:44.593
10	1	Shakeel Abrahams	WC	1:45.611
11	6	Luzuko Lamani	EC	1:45.841
12	7	Alfred Letsie	EC	1:49.566

42 SENIOR MEN**1000m FINAL 1m36.19**

Placement	Number	Name	Prov	Time
1	25	Phemelo Mojolwane	NG	1:38.372
2	28	Sandile Peyi	EC	1:38.397
3	19	Brian Baloyi	NG	1:39.316
4	26	Jack Njoro	NG	1:40.920
5	16	Cisco Avontuur	WC	1:42.041
6	29	Itumeleng Pitso	KRSC	1:42.479
7	27	Mncedisi Pesi	EC	1:42.783
8	22	Gaywon Jones	WC	1:49.941
9	20	Andile Duku	LR	1:50.246
10	24	Luthando Mali	EC	1:57.558

44. BOYS UNDER 17 1000m HEATS 1m52.03**Heat1**

Placement	Number	Name	Prov	Time
	Number	Name	Prov	
1	44	Samuel Mokone	DR	1:49:577
2	52	Thapelo Satshane	NG	1:49.853
3	46	Lunga Mtshula	KRSC	2:01.789
4	47	Ntlatla Ndaba	EC	2:19.585
5	40	Thabiso Mbokazi	LR	2:20.101
6	38	Zolani Koloza	EC	2:22.904
1	49	Zithulele Nkosi	KRSC	1:47.650
2	42	Kutlwano Mogotsi	KRSC	1:49.870
3	53	Jasen Sass	WC	1:49.895
4	35	Lindokuhle Khongwana	EC	1:53.954
5	54	Hlulani Sithole	NG	1:54.704
6	39	Wiseman Magopane	DR	1:55.167
7	37	Gift Khumalo	KRSC	2:08.678

45 MEN OVER 17 1000m FINAL 1m46.84

Placement	Number	Name	Prov	Time
1	77	Samuel Elias	NG	1:42.227
2	84	Lesiba Ramolobeng	NG	1:44.205
3	79	Avuyile Ncagayi	WC	1:44.443
4	73	Marcus Baloyi	NG	1:44.949
5	74	Sibusiso Daliwe	WC	1:45.596
6	75	James Fru	NG	1:45.618
7	86	Israel Shai	NG	1:45.696
8	85	Gontse Rankhumis	NG	1:48.171
9	78	Muzi Mkaliphi	NG	1:48.869
10	80	Aubrey Sicolo	EC	1:49.554
11	76	Swelihle Gasa	LR	1:51.527

46. OPEN LADIES 1000m FINAL J 1m46.72 S 1m48.87

Placement	Number	Name	Prov	Time
1	32	Tumelo Moteme	NG	1:47.025
2	33	Duduzile Tshabalala	DRSC	1:58.726
3	31	Caroline Molokomme	NG	2:07.041

47. GIRLS UNDER 15 1000m FINAL 2m 17.55

Placement	Number	Name	Prov	Time
1	15	Nokuthula Khumalo	KRSC	2:09.889
2	18	Bonolo Pitso	KRSC	2:10.026
3	16	Pauline Ntshangase	DRSC	2:11.248
4	12	Kayla Arends	WC	2:36.437

48 GIRLS UNDER 17 1000m FINAL

Placement	Number	Name	Prov	Time
1	20	Tsholofelo Mabunda	DRSC	2:12.896
2	23	Lindiwe Ntshangase	DRSC	2:14.033
3	24	Mamello Seema	KRSC	2:14.162
4	19	Simone Fielies	WC	2:19.069

49) LADIES OVER 17 1000m FINAL

Placement	Number	Name	Prov	Time
1	28	Kgomotso Sebothoma	NG	2:05.174
2	26	Andrea Adams	WC	2:22.521

50. BEGINNERS BOYS UNDER 13 400m FINAL 48.08

Placement	Number	Name	Prov	Time
1	5	Boy Boy Masilela	RRW	48.362
2	6	Mpho Masombuka	HRSC	51.249
3	11	Anelisiwe Ndongeni	SRSC	52.927
4	13	Siyabonga Sibiya	KRSC	52.929
5	9	Tshiamo Monama	HRSC	54.523
6	12	Devon Plaatjies	ER	58.183

51 BEGINNER GIRLS UNDER 13 400m FINAL 57.72

Placement	Number	Name	Prov	Time
1	14	Daniella Lebese	SABIE	1:03.087
2	23	Casey Tapfira	SABIE	1:03.694
3	18	Kegomoditswe Monnana	DP	1:06.557
4	17	Koketso Mokoena	DRSC	1:06.723
5	16	Lebogang Mabula	DP	1:10.031
6	15	Sanah Lefoka	DP	1:10.088

52. BEGINNER GIRLS UNDER 15 400m FINAL 51.53

Placement	Number	Name	Prov	Time
1	25	Xiluva Maswanganyi	RRW	53.091
2	29	Karen Tapfira	SABIE	53.141
3	24	Vusani Madzivhandila	RRW	56.43
4	26	Malebo Molebela	SABIE	1:04.226

53 BEGINNER BOYS UNDER 15 400m FINAL 44.35

Placement	Number	Name	Prov	Time
1	49	Jan Msiza	HRSC	47.076
2	20	Matlhatsi Banda	HRSC	47.451
3	45	Kabelo Matheko	KRSC	48.611
4	47	Shall Mkhatswa	SABIE	50.216
5	44	Dowayne Lucas	SLP	51.417
6	41	Shaun Daliwe	ER	52.029

54 BEGINNER LADIES OVER 15 400m FINAL 57.63

Placement	Number	Name	Prov	Time
1	33	Yvonne Makhasane	RRW	55.8
2	31	Duduzile Mahlanya	DRSC	56.285
3	32	Lerato Makhasane	RRW	1:00.365
4	30	Kgalalelo Madumo	HRSC	1:04.957
5	34	Indiphe Zongo	RRW	1:05.228

55. BEGINNER MEN OVER 15 400m FINAL 46.31

Placement	Number	Name	Prov	Time
		Peter Tshenkeng	RRW	
2	58	Makgaole Lehutjo	HRSC	46.731
3	53	Thando Booï	MF	47.146
4	63	Dumesani Mbiza	KRSC	47.186
5	76	Simo Ngcongo	LR	47.202

56 BOYS UNDER 13
1000m FINAL
1m51.62

Placement	Number	Name	Prov	Time
1	4	Ntando Morifi	NG	1:57.824
2	6	Tshepo Tema	NG	1:57.857
3	3	Katiso Mokoena	KRSC	1:58.367
4	1	Simon Harvey	NG	2:03.231
5	5	Wapakama Pursente	EC	2:11.752

57 BOYS UNDER 15
1000m Final
1m50.82

Placement	Number	Name	Prov	Time
1	87	Kamogelo Sebande	NG	1:48.187
2	60	Lunyanda Magcai	WC	1:48.560
3	63	Luzuko Mkalipi	EC	1:48.656
4	67	Pontsho Morifi	NG	1:49.480
5	69	Thabo Nyatlo	NG	1:49.704
6	55	Mokopane Boikanyo	NG	1:49.757
7	68	Luyakhanya Nowanga	WC	1:50.543
8	21	Keenan Green	WC	1:51.880
9	59	Ofentse Madumo	WC	1:56.503
10	73	Thabo Nyatlo	NG	1:56.773

11	61	Puseletso Maringa	DRSC	1:56.779
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58 BOYS UNDER 17 1000m FINAL 1m52.03

Placement	Number	Name	Prov	Time
1	49	Zithulele Nkosi	KRSC	1:46.163
2	42	Kutlwano Mogotsi	KRSC	1:46.342
3	44	Samuel Mokone	DR	1:46.567
4	52	Thapelo Satshane	NG	1:48.403
5	35	Lindokuhle Khongwana	EC	1:49.402
6	53	Jasen Sass	WC	1:51.816

59. MEN OVER 17 1000m Final 1m46.84

Placement	Number	Name	Prov	Time
1	77	Samuel Elias	NG	1:42.227
2	84	Lesiba Ramolobeng	NG	1:44.205
3	79	Avuyile Ncagayi	WC	1:44.443
4	73	Marcus Baloyi	NG	1:44.949
5	74	Sibusiso Daliwe	WC	1:45.596
6	75	James Fru	NG	1:45.618
7	86	Israel Shai	NG	1:45.696
8	85	Gontse Rankhumis	NG	1:48.171
9	78	Muzi Mkaliphi	NG	1:48.869
10	80	Aubrey Sicolo	EC	1:49.554
11	76	Swelihle Gasa	LR	1:51.527

62. JUNIOR MEN 10000m POINTS 18m12.75

Placement on last lap	Number	Name	Prov	Time	Points
1	9	Tshepo Modikwe	NG	17:20.7	
2	10	Karabo Molepo	NG	17:34.5	
3	8	Koketso Makhudu	NG	17:34.6	
4	2	Ubakeng Boikanyo	NG	17:40.5	
5		#N/A	#N/A		
Points		Final result			
1	9	Tshepo Modikwe	NG		80
2	8	Koketso Makhudu	NG		41
3	10	Karabo Molepo	NG		23
4	2	Ubakeng Boikanyo	NG		14

63. SENIOR MEN 10000m POINTS 17m29,6

Placement	Number	Name	Prov	Time	Points
1	28	Sandile Peyi	EC	18:02.2	
2	25	Phemelo Mojolwane	NG	18:10.9	
3	16	Cisco Avontuur	WC	18:11.8	
4	26	Jack Njoro	NG	18:12.0	
5	29	Itumeleng Pitso	KRSC	18:16.5	
6	22	Gaywon Jones	WC	18:19.5	
Points					
Points		FINAL RESULT			
1	28	Sandile Peyi	EC	18m02.2	74
2	25	Phemelo Mojolwane	NG	18m10.9	34
3	22	Gaywon Jones	WC	18m19.5	16
4	16	Cisco Avontuur	WC	18m11.8	13
5	29	Itumeleng Pitso	KRSC	18m16.5	10
5	26	Jack Njoro	NG		9

64 BOYS UNDER 13 2000m FINAL 4m06.72

Placement	Number	Name	Prov	Time
1	4	Ntando Morifi	NG	4:01.275
2	3	Katiso Mokoena	KRSC	4:02.362
3	6	Tshepo Tema	NG	4:02.451
4	1	Simon Harvey	NG	4:09.262
5	2	Tebogo Lepoi	KRSC	4:24.622
6	5	Wapakama Pursente	EC	4:26.659

65. BOYS UNDER 15 2000m FINAL

Placement	Number	Name	Prov	Time
1	87	Kamogelo Sebande	NG	3:40.581
2	60	Lunyanda Magcai	KRSC	3:40.616
3	69	Thabo Nyatlo	NG	3:41.251
4	68	Luyakhanya Nowanga	WC	3:41.936
5	64	Norman Mohlala	NG	3:42.461
6	55	Mokopane Boikanyo	NG	3:43.180
7	63	Luzuko Mkalipi	EC	3:44.180

8	61	Puseletso Maringa	DRSC	3:58.803
9	73	Thabo Nyatlo	NG	3:58.899
10	21	Keenan Green	WC	3:58.925

66 GIRLS UNDER 15 2000m FINAL 5m10.98

Placement	Number	Name	Prov	Time
1	16	Pauline Ntshangase	DRSC	4:26.015
2	15	Nokuthula Khumalo	KRSC	4:27.574
3	18	Bonolo Pitso	KRSC	4:27.644
4	14	Lawrin Ghwani	WC	4:27.786

67. BOYS UNDER 17 3000m FINAL 5m54.4

Placement	Number	Name	Prov	Time
1	42	Kutlwano Mogotsi	KRSC	5:39.610
2	49	Zithulele Nkosi	KRSC	5:39.631
3	52	Thapelo Satshane	NG	5:39.750
4	44	Samuel Mokone	DR	5:39.793
5	53	Jasen Sass	WC	5:51.924
6	35	Lindokuhle Khongwana	EC	5:52.239

68. BEGINNER MEN OVER 15 1000m Heat

Heat 1				
Placement	Number	Name	Prov	Time
1	71	Peter Tshenkeng	RRW	1:55.236
2	58	Makgaole Lehutjo	HRSC	2:02.162
3	69	Tshepiso Mputle	SRSC	2:02.448
4	59	Lucky Mashele	SABIE	2:02.579

69. MEN OVER 17 5000m FINAL 9m44.85

Placement	Number	Name	Prov	Time
1	77	Samuel Elias	NG	9:17.128
2	84	Lesiba Ramolobeng	NG	9:17.232
3	86	Israel Shai	NG	9:18.259
4	74	Sibusiso Daliwe	WC	9:20.188
5	73	Marcus Baloyi	NG	9:22.635
6	85	Gontse Rankhumis	NG	9:38.909

70 GIRLS OVER 15 2000m FINAL 5m10.98

Placement	Number	Name	Prov	Time
1	28	Kgomotso Sebothoma	NG	4:20.849
2	20	Tsholofelo Mabunda	DRSC	4:40.868
3	23	Lindiwe Ntshangase	DRSC	4:44.595
4	24	Mamello Seema	KRSC	4:46.333

71. BEGINNERS BOYS UNDER 13 1000m FINAL 1M51.62

Placement	Number	Name	Prov	Time
1	5	Boy Boy Masilela	RRW	2:11.854
2	6	Mpho Masombuka	HRSC	2:13.679
3	3	Lydin Human	MP	2:18.985
4	13	Siyabonga Sibiya	KRSC	2:19.896
5	9	Tshiamo Monama	HRSC	2:24.371
6	11	Anelisiwe Ndongeni	SRSC	2:26.954
7	12	Devon Plaatjies	ER	2:35.842
8	10	Tsholofelo More	HRSC	2:38.506
9	8	Akhona Mkhize	LR	2:39.270
10	7	Keabetswe Matjeke	DRSC	2:48.413

72 BEGINNER GIRLS UNDER 13 1000m FINAL

Placement	Number	Name	Prov	Time
1	23	Casey Tapfira	SABIE	2:38.955
2	15	Sanah Lefoka	DP	2:50.034
3	17	Koketso Mokoena	DRSC	2:50.114
4	14	Daniella Lebese	SABIE	2:50.290
5	18	Kegomoditswe Monnana	DP	3:01.400
6	16	Lebogang Mabula	DP	3:01.553

73. BEGINNER GIRLS UNDER 15 1000m FINAL

Placement	Number	Name	Prov	Time
1	24	Vusani Madzivhandila	RRW	2:19.226
2	25	Xiluva Maswanganyi	RRW	2:19.290
3	29	Karen Tapfira	SABIE	2:48.733
4	26	Malebo Molebela	SABIE	2:54.274

74. BEGINNER BOYS UNDER 15 1000m Final

Placement	Number	Name	Prov	Time
1	20	Matlhatsi Banda	HRSC	2:05.584
2	49	Jan Msiza	HRSC	2:05.907
3	45	Kabelo Matheko	KRSC	2:11.635
4	44	Dowayne Lucas	SLP	2:14.615
5	50	Siphiwe Nkosi	HRSC	2:16.160
6	42	Lee-Roy Jansen	MB	2:16.845
7	41	Shaun Daliwe	ER	2:16.956
8	43	Mario Jonkers	SLP	2:20.212
9	47	Shall Mkhatswa	SABIE	2:26.745
10	48	Thulani Mkhomalo	KRSC	2:29.750

75. BEGINNER LADIES OVER 15 1000m FINAL

Placement	Number	Name	Prov	Time
1	31	Duduzile Mahlanya	DRSC	02:27.6
2	33	Yvonne Makhasane	RRW	02:28.5
3	32	Lerato Makhasane	RRW	02:33.2
4	34	Indiphe Zongo	RRW	02:46.1
5	35	Inga Zongo	RRW	02:46.3
6	30	Kgalalelo Madumo	HRSC	02:51.0