

<b>1. SENIOR MEN: 500m</b>		<b>14. SENIOR MEN: 1 000m</b>	
1. Phemelo Mojlowane	44.10 F	1. Marcel Louw	1.34.08
2. Tim Mitchell	44.30 F	2. Karabo Molepo	1.34.46
3. Brian Baloyi	44.55 F	3. Brian Baloyi	1.34.62
4. Karabo Molepo	45.34 F	4. Tim Mitchell	1.34.93
5. Marcel Louw	44.54	5. Jack Njoro	1.35.94
6. Jack Njoro	46.50	6. Gontse Rankhumise	1.36.47
7. Christopher Motsepe	46.75	7. Phemelo Mojlowane	1.36.72
8. Gontse Rankhumise	47.24	8. Christopher Motsepe	1.38.84
<b>2. JUNIOR MEN: 500m</b>		<b>15. JUNIOR MEN: 1 000m</b>	
1. Tshepo Modikwe	43.02	1. Tshepo Modikwe	1.27.68
2. Ubakeng Boikanyo	43.59	2. Ubakeng Boikanyo	1.30.06
3. Koketso Sethusha	44.03	3. Koketso Sethusha	1.31.89
4. Koketso Makhudu	44.82	4. Koketso Makhudu	1.34.29
5. Thapelo Rammuki	48.03	5. Thapelo Rammuki	1.46.83
<b>3. OVER 17 MEN: 500m</b>		<b>16. OVER 17 MEN: 1 000m</b>	
1. Tshepo Kekana	47.21 F	1. Tshepo Kekana	1.35.15
2. Kgomotso Nkosi	48.93 F	2. Lwandile Kula	1.38.54
3. Markus Baloyi	51.22 F	3. Kgomotso Nkosi	1.38.82
4. Lesego Seabi	52.23 F	4. Markus Baloyi	1.42.70
5. Muzi Mkhali	52.12	5. Muzi Mkhali	1.51.17
6. Lwandile Kula		6. Lesego Seabi	1.51.46
<b>4. OPEN LADIES: 500m</b>		<b>17. OPEN LADIES: 1 000m</b>	
1. Tumelo Moteme	50.97	1. Tumelo Moteme	1.45.63
2. Kedibone Legote	54.87	2. Kedibone Legote	1.52.32
3. Caroline Molokomme	1.00.99	3. Caroline Molokomme	2.04.69
<b>5. BOYS U/13: 500m</b>		<b>18. BOYS UNDER 13: 1 000m</b>	
1. Lucky Baloyi	1.09.93	1. Lucky Baloyi	2.33.00
<b>6. BOYS U/15: 500m</b>		<b>19. BOYS UNDER 15: 1 000m</b>	
1. Thapelo Satenane	56.81	1. Thapelo Satenane	2.00.54
2. Pontsho Morifi	1.02.46	2. Pontsho Morifi	2.12.95
<b>7. UNDER 17 BOYS : 500m</b>		<b>20. BOYS UNDER 17: 1 000m</b>	
1. Samuel Elias	51.34	32. Samuel Elias	1.47.01
2. Lord Mathipa	54.47	29. Lord Mathipa	1.51.15
<b>8. BEGINNER BOYS U/ 13 400m</b>		<b>21. BEGINNER BOYS U/ 13 800m</b>	
1. Norman Mohlala	49.93	1. Norman Mohlala	1.45.84
2. Ntando Morifi	53.51	2. Ntando Morifi	1.46.20
3. Tshepo Tema	1.05.84	3. Tshepo Tema	2.12.47
<b>9. BEGINNER BOYS O/15 400m</b>		<b>22. BEGINNER BOYS O/15 800m</b>	
1. Israel Shai	46.75	1. Israel Shai	1.40.57
<b>10. BEG BOYS U/15 400m</b>		<b>23. BEGINNER BOYS U/15 800m</b>	
1. Thulani Sithole	49.23	8. Ofentse Madumo	1.41.87
2. Ofentse Madumo	49.66	9. Thulane Sithole	1.46.05
3. Kamogelo Sebande	51.85	5. Kamogelo Sebande	1.51.94
<b>11. BEG. GIRLS U/15 400m</b>		<b>24. BEG. GIRLS U/15 800m</b>	
1. Ephinah Leshabane	1.14.19	1. Ephinah Leshabane	2.36.77
<b>12. BEG. GIRLS O/15 400m</b>		<b>25. BEG. GIRLS O/15 800m</b>	
1. Kgomotso Leshabane	1.01.64	1. Kgomotso Leshabane	2.08.21

<b>13. BOYS U/10 400m</b>		<b>26. BOYS U/10 800m</b>	
33. Oratile Napo	1.34.19	33. Oratile Napo	3.20.65
<b>27. BEGINNER OPEN 3000m</b>		<b>28. OPEN 5000m</b>	
1. Ofentse Madumo	7.22.99	1. Samuel Elias	8.54.96
2. Israel Shai	7.33.31	2. Tumelo Moteme	8.55.74
3. Norman Mohlala	7.39.11	3. Thapelo Satenane	8.55.97
4. Ntando Morifi	7.41.79	4. Lord Mathipa	9.04.35
5. Kamogelo Sebande	7.50.02		
6. Thulani Sithole	7.50.30		
<b>29. OPEN 10 000m</b>			
1. Tshepo Modikwe	16.59.58		
2. Phemelo Mojolwane			
3. Koketso Makhudu			
4. Karabo Molepo			
5. Brian Baloyi			
6. Christopher Motsepe			