

SUNDAY 3RD APRIL 2011

1. JUNIOR MEN 200m FINAL 17.76

Placement	Time	Name
1	17.216	Karabo Molepo NG
2	17.340	Ubakeng Boikanyo NG
3	17.348	Tshepo Modikwe NG

2. SENIOR MEN 200m FINAL 17.40

Placement	Time	Name
1	17.624	Brian Baloyi NG
2	17.635	Phemelo Mojolwane NG
3	17.638	Cisco Avontuur WC

3. OPEN LADIES 200m FINAL J21.64 S 20.18

Placement	Time	Name
1	20.770	Duduzile Tshabalala DRSC
2	20.773	Tumelo Moteme NG
3	23.140	Caroline Molokomme NG

4. BEGINNER MEN OVER 15 200m HEATS 23.57

Placement	Nr	Name	Time
1	71	Peter Tshenkeng RRW	20.820
2	68	Kgomotso Modise RRW	23.018
3	69	Tshepiso Mputle SRSC	23.108

BEGINNERS BOYS UNDER 13 200m final 23.49

Number	Name	Times
5	Boy Boy Masilela	25.212
3	Lyndin Human	25.339
6	Mpho Masombuka	26.327

6. BEGINNER BOYS UNDER 15 200m 22.73

Placement	Nr	Name	Time
1	20	Mathlatsi Banda	21.895
2	49	Jan Msiza	22.088
3	45	Kabelo Matheko	23.183

28. BOYS UNDER 17 500m FINAL 47.80

Placement	Nr	Name	Time
1	49	Zithulele Nkosi KRSC	46.812
2	42	Kutlwano Mogotsi KRSC	46.814
3	44	Samuel Mokone DRSC	48.101

8. BOYS UNDER 15 500m 49.54

Placement	Nr	Name	Time
1	87	Kamagelo Sebande NG	48.832
2	60	Lunyanda Magcai KRSC	48.906
3	67	Pontsho Morifi NG	49.366

25. MEN OVER 17 500m FINAL 45.01

Placement	Nr	Name	Time
1	77	Samuel Elias	46.004
2	75	James Fru	46.717
3	84	Lesiba Ramolobeng	46.870

26. JUNIOR MEN 500m FINAL 41.73

Placement	Nr	Name	Time
1	9	Tshepo Modikwe	41.050

2	10	Karabo Manamela	41.143
3	2	Ubakeng Boikanyo	42.130

27. SENIOR MEN 500m FINAL 42.00

Placement	Nr	Name	Time
1	19	Brian Baloyi NG	42.483
2	25	Phemelo Mojolwane NG	42.544
3	23	Tshepo Kekana NG	42.571

12. OPEN LADIES 500m FINAL J 51.21 S 49.55

Placement	Nr	Name	Time
1	32	Tumelo Moteme	49.059
2	33	Duduzile Tshabalala	49.636
3	31	Caroline Molokomme	55.440

13. GIRLS UNDER 15 500m FINAL 52.96

Placement	Nr	Name	Time
1	18	Bonolo Pitso KRSC	59.354
2	15	Nokuthula Khumalo KRSC	59.559
3	16	Pauline Ntshangase DRSC	59.602

15. GIRLS UNDER 17 500m FINAL 1m00.72

Placement	Nr	Name	Time
1	24	Mamello Seema KRSC	58.950
2	21	Keitumetse Mahlaule DRSC	58.986

16. LADIES OVER 17 500m FINAL NR

Placement	Nr	Name	Time
1	28	Kgomotso Sebothoma NG	58.501
2	26	Andrea Adams WC	1.03.297
3	27	Minah Mosehlana DRSC	1.11.980

19. BEGINNER GIRLS UNDER 13 200m FINAL 27.12

Placement	Nr	Name	Time
1	23	Casey Taphira Sabie	28.321
2	17	Koketso Mokoena DRSC	30.156
3	18	Kegomoditse Monnana DP	31.917

20. BEGINNER GIRLS UNDER 15 200m FINAL 25.82

Placement	Nr	Name	Time
1	24	Vusani Madzivhandila	27.117
2	29	Karen Tapfira	27.128
3	25	Xiluva Maswanganyi	27.458

22. BEGINNER LADIES OVER 15 200m FINAL 25.63

Placement	Nr	Name	Time
1	30	Kgalalelo Madumo HRSC	27.059
2	31	Duduzile Mahlanya DRSC	27.893
3	32	Lerato Makhasane RRW	28.555

23. BOYS UNDER 13 500m FINAL 52.17

Placement	Nr	Name	Time
1	6	Tshepo Tema NG	53.639
2	4	Ntando Morifi NG	53.794
3	3	Katiso Mokoena KRSC	56.094

41. BEGINNER MEN OVER 15 800m FINAL 1m26.07

Placement	Nr	Name	Time
1	71	Peter Tshekeng RRW	1.22.125
2	58	Makgaole Lehutjo HRSC	1.26.170
3	69	Tshepiso Mputle SRSC	1.27.865

**33. JUNIOR and SENIOR MEN 20000m ELIM J34.09.18
S 34.38.95**

Placement	Nr	Name	Time
1	9	Tshepo Modikwe NG	32.32.007
2	8	Koketso Makhudu NG	32.36.837
3	25	Phemelo Mojolwane NG	33.37.789

34. BEGINNER BOYS UNDER 13 800m FINAL 1m49.77

Placement	Nr	Name	Time
1	6	Mpho Masombuka HRSC	1.37.687
2	11	Anelisiwe Ndongeni SRSC	1.39.879
3	3	Lyndin Human MP	1.40.225

35. BEGINNER GIRLS UNDER 13 800m FINAL 1m54.28

Placement	Nr	Name	Time
1	23	Casey Tapfira Sabie	1.56.495
2	17	Koketso Mokoena DRSC	2.03.693
3	15	Sanah Lefoka DP	2.06.283

36. BEGINNER GIRLS UNDER 15 800m FINAL 1m49.08

Placement	Nr	Name	Time
1	29	Karen Tapfira Sabie	1.39.811
2	25	Xiluva Maswanganyi RRW	1.41.139
3	24	Vusani Madzivhandila RRW	1.43.696

37. BEGINNER BOYS UNDER 15 800m FINAL 1m28.55

Placement	Nr	Name	Time
1	20	Matlhatsi Banda HRSC	1.27.989
2	49	Jan Msiza HRSC	1.31.051
3	45	Kabelo Matheko KRSC	1.36.847

38. BOYS UNDER 17 800m FINAL 1m21.91

Placement	Nr	Name	Time
1	49	Zithulele Nkosi KRSC	1.16.003
2	42	Kutlwano Mogotsi KRSC	1.16.820
3	35	Lindokuhle Khongwana EC	1.17.265

39. MEN OVER 17 800m 1m18.19

Placement	Nr	Name	Time
1	77	Samuel Elias	1.13.955
2	84	Lesiba Romolobeng	1.14.609
3	79	Avuyile Ncagayi	1.14.619

40. BEGINNER LADIES OVER 15 800m FINAL 1m43.16

Placement	Nr	Name	Time
1	31	Duduzile Mahlanya DRSC	1.49.434
2	32	Lerato Makhasane RRW	1.52.609
3	33	Yvonne Makhasane RRW	1.52.840

42. GIRLS UNDER 15 800m FINAL 1m43.59

Placement	Nr	Name	Time
1	18	Bonolo Pitso KRSC	1.35.698
2	14	Lawrin Ghwani WC	1.35.860
3	16	Pauline Ntshangase DRSC	1.36.025

43. GIRLS UNDER 17 800m FINAL

Placement	Nr	Name	Time
1	24	Mamello Seema KRSC	1.35.868
2	20	Tsholofelo Mabunda DRSC	1.36.048
3	21	Keitumese Mahlaule DRSC	1.40.134

44. LADIES OVER 17 800m FINAL 1m46.24

Placement	Nr	Name	Time
1	28	Kgomotso Sebothoma NG	1.31.809
2	26	Aqndrea Adams WC	1.48.628
3	27	Minah Mosehlana DRSC	1.59.827

45. BOYS UNDER 13 800m FINAL 1m25.33

Placement	Nr	Name	Time
1	4	Ntando Morifi NG	1.24.415
2	3	Katiso Mokoena KRSC	1.25.572
3	6	Tshepo Tema NG	1.25.990

46. BOYS UNDER 15 800m FINAL 1m22.89

Placement	Nr	Name	Time
1	60	Lunyanda Magcai Krsc	1.15.783
2	87	Kamogelo Sebande NG	1.16.376
3	67	Pontso Morifi NG	1.16.470

47. OPEN LADIES 5000m FINAL J10m10.13 S8m56.42

Placement	Nr	Name	Time
1	32	Tumelo Moteme NG	9.19.806
2	33	Duduzile Tshabalala DRSC	9.24.830

48. BEGINNER GIRLS OPEN 3000m FINAL 6m01.83

Placement	Nr	Name	Time
1	29	Karen Tapfira	7.18.115
2	25	Xiluva	7.24.683
3	24	Vusani	7.25.293

49. BEGINNER BOYS OPEN 3000m FINAL 6m52.80

Placement	Nr	Name	Time
1	71	Peter Tshekeng RRW	5.41.869
2	69	Tshepiso Mputle SRSC	5.49.137
3	58	Makgaole Lehutjo HRSC	5.51.460

Age Group OPEN LADIES 3000m FINAL 7m35.08

Placement	Nr	Name	Time
1	28	Kgomotso Sebotoma NG	6.09.768
2	14	Lawrin Ghwani WC	6.30.574
3	18	Bonolo Pitso KRSC	6.37.561

51. AGE GROUP OPEN MEN 5000m FINAL 8m58.88

Placement	Nr	Name	Time
1	77	Samuel Elias	8.21.780
2	84	Lesiba Romolobeng NG	8.22.521
3	86	Israel Shai NG	8.22.570

53. JUNIOR MEN RELAY 5000m FINAL

Placement	Nr	Name	Time
1	NG A		7.04.828
2	NG B		7.18.719
3	EC		7.45.741

53. SENIOR MEN RELAY 5000m FINAL

Placement	Nr	Name	Time
1	NG		7.11.408
2	WC		7.21.300
3	EC		7.21.338